

Kev Ntsuas Cov Kev Mob-Khaub Thuas Zoo Li Influenza Tshwm rau Cov NiamTxiv thiab Cov Neeg Zov

Cov niam txiv thiab cov neeg zov yuav tsum siv cov nqe lus nug nram no txhua hnuv thaum ntsuam xyuas lawv tus me nyuam txoj kev noj qab haus huv.

Koj tus me nyuam puas muaj:

1. Kub ib ce (100° F los yog kub tshaj)? Muaj Tsis muaj
2. Mob qa? Muaj Tsis muaj
3. Hnoos? Muaj Tsis muaj

KUV PUAS TSIM NYOG CIA KUV TUS ME NYUAM NYOB TWJ YWM HAUV TSEV?

• Yog koj teb tias muaj rau kub ib ce **THIAB** ib yam kev mob tshwm sim twg ntxiv, cia koj tus me nyuam nyob hauv tsev mus ntev li xya hnuv txij li pib pom muaj cov kev mob tshwm sim, txawm nws yuav tsis mob lawm. Yog koj tus me nyuam tseem mob qees tom qab xya hnuv, cia koj tus me nyuam nyob twj ywm hauv tsev 24 teev kom txog thaum twg nws zoo. Yog koj muaj cov lus nug txog koj tus me nyuam txoj kev noj qab haus huv los yog cov kev mob tshwm sim, hu rau koj tus me nyuam tus kws kho mob.

• Yog tias tus kws kho mob ntsuam xyuas pom tias koj tus me nyuam muaj lwm yam kab mob xws li mob caj pas tawm hlwv, ua raws li koj tus kws kho cov lus pom zoo thiab ua raws li lub tsev kawm ntawv cov kev cai thaum rov mus kawm ntawv.

KUV YUAV QHIA LI CAS RAU KUV TUS ME NYUAM LUB TSEV KAWM NTAWV?

• Yog koj teb tias “muaj” rau kub ib ce **THIAB** ib yam kev mob tshwm sim twg ntxiv, qhia rau koj tus me nyuam lub tsev kawm ntawv qhov chaw txheeb npe paub hais tias koj tus me nyuam muaj yam kab mob zoo xws li khaub thuas influenza.

• Yog tias tus kws kho mob ntsuam xyuas pom tias koj tus me nyuam muaj lwm yam kab mob xws li mob caj pas tawm hlwv (strep throat), qhia rau koj tus me nyuam lub tsev kawm ntawv qhov chaw txheeb npe paub.

• Yuav tsis qhia tej ncauj lus ntiag tug ntawm koj tus me nyuam rau leej twg sab nraum lub tsev kawm ntawv, xws li koj tus me nyuam lub npe.

Yog xav paub ntxiv thiab xav tau cov lub tshiab, 651-201-5414 los yog 1-877-676-5414 los yog txuas mus rau MDH qhov website ntawm: www.health.state.mn.us



Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

1. Fever (100° F or greater)? Yes No
2. Sore Throat? Yes No
3. Cough? Yes No



SHOULD I KEEP MY CHILD HOME?

- If you checked **yes** to fever **AND** one of the other symptoms, keep your child home for seven days after symptoms start, even if they no longer are ill. If your child is still sick after seven days, keep your child at home until well for 24 hours. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "yes" for fever **AND** one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.
- No personal information about your child, including your child's name, will be shared outside of the school.

For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us



Minnesota Department of Health
625 Robert Street North, PO Box 64975, St. Paul, MN 55164-0975
651-201-5414 1-877-676-5414 TTY/TDD: 651-201-5797 www.health.state.mn.us