

Habka Baarista Ifafaalooyinka Jirrada Hargabka-u-ek ee Waalidiinta iyo Daryeel-bixiyayaasha

Waalidiinta iyo daryeel-bixiyayaasha waa in ay si joogto ah u isticmaalaan su'aalooyinkan soo socda si ay u qiimeeyaan xaaladda caafimaad ee canugooda.

Miyuu canugaagu qabaa:

1. Qandho/xummad (100° F ama ka badan)? Haa Maya
2. Dhuun xanuun? Haa Maya
3. Qufac? Haa Maya

MIYAAN CANUGEYGA KU HAYAA GURIGA?

• Haddii aad haa saxdey qandho IYO mid ka mid ah ifafaalooyinka kale, canugaaga ku haay guriga ilaa iyo toddoba maalmood ka dib maalinta ifafaalooyinka bilowdaan, xittaa haddii asaga ama ayada aysan sii jirranayn oo ay caafimaadaan. Haddii canugaaga uu weli sii jirran yahay toddoba maalmood ka dib, canugaaga ku haay ilaa iyo 24 saacaadood ka badan. Haddii aad qabto su'aalo ku saabsan caafimaadka ama ifafaalooyinka canugaaga, wac takhtarka canugaaga.

Haddii canugaaga takhtarka ku sheegay cudur ka duwan, sida bakteeriyada (strep), raac talooyinka takhtarkaaga iyo sharciga iskuulka ee goorta aad iskuulka ku laabaneyso.

WAA MAXAY WAXA AAN U SHEEGAYO ISKUULKA CANUGEYGA?

Haddii aad qandho "haa" saxdey IYO mid ka mid ah ifafaalooyin kale, xafiiska isa soo xaadirista ee iskuulka canugaaga u sheeg in canugaaga uu guriga la joogo jirro hargab-u-ek.

Haddii canugaaga takhtarka uu k a dhiraandhiriyey cudur ka duwan, sida bakteeriyada (strep), u sheeg xafiiska isa soo xaadirista ee iskuulka canugaaga.

Macluumaad ku saabsan canugaaga, oo ay ku jirto magaca canugaaga, lalama wadaagi doono qolo ka baxsan iskuulka.

Macluumaad dheeraad ah iyo waxyaabaha ka soo cosboonaada soo wac 651-201-5414 ama 1-877-676-5414 ama booqo bogga internetka MDH oo ah:

www.health.state.mn.us



Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

1. Fever (100° F or greater)? Yes No
2. Sore Throat? Yes No
3. Cough? Yes No



SHOULD I KEEP MY CHILD HOME?

- If you checked yes to fever AND one of the other symptoms, keep your child home for seven days after symptoms start, even if they no longer are ill. If your child is still sick after seven days, keep your child at home until well for 24 hours. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "yes" for fever AND one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.
- No personal information about your child, including your child's name, will be shared outside of the school.

For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us



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